

PATTERN MANGAZINE VOL.1



Takashi Iba and Iba Lab., Pattern MangaZine, Vol. 1, CreativeShift, 2023.

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Pattern Manga Project in Iba Lab, Keio University, 2023:

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Step into the world of Pattern Manga, one where wisdom and practical insights are woven into visual narratives of manga. *Pattern MangaZine* serves as a gateway into this world, presenting to you the first prototypes of this immersive blend of patterns of pattern language and manga.

As you begin your journey, you'll first encounter **Creative Learning Girl** followed by **The Joyful Duo in Dialogue**, both four-frame manga enjoyably portraying patterns from *Learning Patterns* and *Words for a Dialogue*, respectively. Venture deeper in and you'll discover **Our Dementia Journey Diaries**, a touching narrative inspired by the pattern language *Words for a Journey*, particularly focusing on the poignant episode "Preparation for the Dream."

Continuing your exploration, the trail will lead you to **Fearless Rookie**, a refined reflection of the *Fearless Change* patterns, emphasizing the transformative chapter "The Rise of an Evangelist."

As your sojourn approaches its close, lose yourself in the first chapter, "The Revolutionary School Festival," from the story of **Delightful School Days** featuring patterns from *Collaboration Patterns*.

To enrich your experience, this *Pattern MangaZine* concludes the written patterns illuminated within these stories. Should any story resonate with you, we invite you to delve deeper, to reflect, to understand by reading them.

Now, with grace and anticipation, immerse yourself in the world's first exploration into Pattern Manga. May it be a journey of wonder and enlightenment.

[Creators]

Creative Learning Girl Illustration and Story: Takashi Iba

The Joyful Duo in Dialogue Illustration: Ema Okubo Story: Ema Okubo and Takashi Iba

Our Dementia Journey Diaries

"Preparation for the Dream" Illustration and Story: Hiroaki Tanaka

Fearless Rookie

"The Rise of an Evangelist" Illustration: Mizuki Ota Story: Mizuki Ota and Takashi Iba

Delightful School Days

"The Revolutionary School Festival" Illustration: Urara Tajima Story: Takashi Iba and Urara Tajima

Dialogue Translation for All Manga: Sae Adachi

Creative Learning Girl

Illustration and Story: Takashi Iba Dialogue Translation: Sae Adachi

Tangible Growth



Community of Learning



Language Shower



The Joyful Duo in Dialogue

Illustration: Ema Okubo Story: Ema Okubo and Takashi Iba Dialogue Translation: Sae Adachi



Pause for Thinking



Our Dementia Journey Diaries

"Preparation for the Dream"

Illustration and Story: Hiroaki Tanaka Dialogue Translation: Sae Adachi





















Fearless Rookie

"The Rise of an Evangelist"

Illustration: Mizuki Ota Story: Mizuki Ota and Takashi Iba Dialogue Translation: Sae Adachi






































Delightful School Days

"The Revolutionary School Festival"

Illustration: Urara Tajima Story: Takashi Iba and Urara Tajima Dialogue Translation: Sae Adachi

























Pattern Collections

Patterns for Creative Learning Girl

- Tangible Growth
- Community of Learning
- Language Shower

from the Learning Patterns: A Pattern Language for Creative Learning:

Takashi Iba, and Iba Laboratory, *Learning Patterns: A Pattern Language for Creative Learning*, CreativeShift, 2014.

Tangible Growth

You don't grow in a day.



You need to continue practicing for Skill Embodiment or taking a Language Shower.

▼ In this context

It is not easy to keep yourself motivated to learn.

- It takes a long time before you realize the effect of learning.
- It is difficult to maintain your motivation to work hard.

▼ Therefore

Record your learning activities so you can reflect on your path and improve. Underline passages and write notes when reading books, set out the books and papers you've read, or hang your own work on the wall. Sometimes, look back at your learning path to realize how your knowledge and skills have grown.

Community of Learning

Two heads or more are likely better than one.



You've realized that what you are starting to work on is a challenging problem or activity.

▼ In this context

What you want to study is too big and too difficult to explore alone.

- A person's time is limited.

- A person's knowledge is limited.
- Knowing various viewpoints leads to a deeper understanding.
- It is difficult to continue efforts alone.

▼ Therefore

Build a community of learning with people who share similar interests. Form a plan to build a "community of learning," thinking about what type of workshops or projects you want to conduct. Recruit members from your surroundings who are interested in your plan. Then, decide how to demonstrate your efforts. For example, write a paper, publish online, or conduct a seminar; these will sustain your activities. Based on this plan, recruit more members beyond your acquaintances with similar interests. Thereafter, hold frequent formal and informal meetings. Sometimes, reflect on what you have done to maintain member motivation.

Language Shower

Submerge yourself in an environment where you are exposed to the language you want to master.



You want a good command of a foreign language.

▼ In this context

Mastering languages is difficult.

- The sense of a language is affected by the nature and culture where it is used.
- Expressions enable you to convey what you want to say.
- It takes a long time to master a language.

▼ Therefore

Establish an environment where you can always listen to and read a foreign language. If you want to master a foreign language, establish your environment — for example using mobile media — to continue listening to and reading it. Then, make rules to use the language every day, for example, listen to an online radio broadcast or audio book in the background. Physically recording your learning activities as **Tangible Growth** (5) is a good way to maintain your motivation.

Patterns for The Joyful Duo in Dialogue

- Pause for Thinking
- Open Question

from Words for a Dialogue

Takashi Iba and Masafumi Nagai, *Taiwa no Kotoba [Words for a Dialogue]*, in Japanese, Maruzen Publishing, Tokyo, 2018.

Takashi Iba and Masafumi Nagai, *Words for a Dialogue: A Pattern Language for Dissolving Problems Based on the Open Dialogue Approach*, CreativeShift, will be published in 2024.

Pause for Thinking

Wait for words to be born.



You asked the other a question about themselves.

▼ In this context

When they do not respond to you right away, you may want to change topics or reword your question, but this may intercept their thoughts and words as they are forming. If you do not get an answer right way, you may think that they did not understand your question and try to rephrase it. But the deeper the question makes them reflect, the more time they need to think and put their thoughts into words.

▼ Therefore

Wait for them to think and gather their thoughts into words. The Silence after asking a question is not something meaningless. Rather, it is time for them to recall their past experiences and feelings, and search for the words to express them. Trying to rush their answer would disrupt this time. You should relax and wait with them until they are ready to respond.

▼ Consequently

Instead of simply saying what they already knew, they will be able to look back at their experience, see it in a new light and find the words to talk about it. In this way, not only will the dialogue about their Experienced World expand, but the other will also gain an opportunity to redefine their Experienced World.

Open Question

Questions that open the other person's mind and make them think...



You want to ask questions to hear the other person's story.

▼ In this context

If you ask closed questions where their response is limited to what you can think of, it will be difficult for them to express their true feelings. People use questions when trying to understand another person. However, if you ask questions that limit them to 'yes' or 'no' responses or ask questions that offer a limited choice from multiple answers, you can never expand the dialogue beyond your imagination. You should try to reach the raw thoughts and feelings that they have never released.

▼ Therefore

Ask open questions that make it easier for them to freely express themselves. When initiating a dialogue, you should begin with an open question such as 'How do you want us to spend this time?'. When they are talking about their experience, you should keep asking questions such as 'When did that happen?', 'What did you feel when that happened?' and 'What happened next?'. In this manner, they can maintain focus on their experience and deeply discuss it.

▼ Consequently

It becomes easier to deepen the understanding of their 'Experienced World' by generating an environment where the person can speak freely and discuss things that they find important. This makes the other person feel that they can take initiative to deepen the dialogue by talking about what they want without being limited to what they are asked.

Patterns for Our Dementia Journey Diaries

- Preparation for the Dream

from Words for a Journey

Takashi Iba, Makoto Okada (eds). Iba Laboratory and Dementia Friendly Japan Initiative, *Words for a Journey: The Art of Being with Dementia*, CreativeShift, 2015.

Preparation for the Dream

A quick first action becomes the shortcut to actualization.



You have found out that the person you are caring for has a dream or goal that they wish to achieve.

 \checkmark In this context

You want to help achieve their goals, but you think you should wait until they recover a little before they start. This might increase the possibility of never meeting the goal. Moreover, you may feel overwhelmed by caregiving. If their dream or goal requires some amount of preparation and effort, you might think it is not possible at the moment. As a result, you tend to put it off until later until it becomes too late.

▼ Therefore

Even if the goal seems hard to achieve, start now and move little by little toward its actualization. For example, if the person with dementia wishes to go on a trip to a place, you can start by looking for transportation and possible helpers who could assist on the trip. You can ask doctors and specialists for advice on how to prepare. One person with dementia had his/her family help him/ her achieve the goal of climbing Mt. Fuji. If you prepare even a little every day, the possibility of achieving the goal will increase greatly.

▼ Consequently

You will be able to help the person who you are caring for actualize their dream. The act of helping them reach their goals itself would nurture a positive attitude in the person with dementia. It is passion and dreams that motivate a person from their heart. By preparing for their dream, you will be able to meet new people who will help you. Once your family does achieve the goal, it will nurture a significant feeling of achievement and passion for the next challenge.

Patterns for Fearless Rookie

- Evangelist

from Fearless Change

Mary Lynn Manns, Linda Rising, *Fearless Change: Patterns for Introducing New Ideas*, Addison-Wesley Professional, 2004.

Evangelist

Evangelist pattern in *Fearless Change* offers "To begin to introduce the new idea into your organization, do everything you can to share your passion for it" (Manns and Rising, 2004). The solution of the pattern is described as follows:

"To introduce a new idea, let your passion for this new idea drive you.

Invest yourself in your cause. In other words, the first person to convince is you. If you don't believe in your cause, it will be difficult to sell it to anyone else. If you're not convinced then you're not convincing. You must be likeable, believable, and open, but not a fanatic. This is not a role for the fainthearted. Look for possibilities in every situation; take advantage of even small opportunities to get your idea across.

Share your vision with others. Let them feel your enthusiasm. Tell your story—this is the driver for real change. Your story should convey your passion, excitement, and conviction and inspire others to feel the same way. It's a good idea to have a two-minute "elevator speech" targeted for different audiences, so you're ready when anyone asks you about your new idea. Show that there's value in your new idea. Don't preach—any improvements should just radiate from you and from your work. Hopefully others will notice and inquire." (Manns and Rising, 2014)

Patterns for Delightful School Days

- Create a Legend
- Chaotic Path to Breakthrough
- Ideas Taking Shape

from Collaboration Patterns:

Takashi Iba, and Iba Laboratory, *Collaboration Patterns: A Pattern Language for Creative Collaborations*, CreativeShift, 2014.

Create a Legend

A project whose story will be passed down to the next generation.



The team is working on their project.

▼ In this context

The project will be absorbed by all other events that are going on and will not remain in people's minds.

- New products are being produced every day.

- To stand out in the world, "good" is not good enough.

- Impact is needed to leave an impression on someone's mind.

▼ Therefore

Aim toward a project that will become a part of history, with the mindset of changing the world. Mere completion of the product is not the goal. Work out every last detail and attract the minds of people. Let the project become a legend that will be told to future generations.

▼ Consequently

The project will be able to produce a new value that no one has ever thought of. It will have a strong impact on people and will be recognized long into the future. These legends will trigger people in the next generation to also work toward a significant goal, and the people involved in the project will also become legends and models for future creators.

Chaotic Path to Breakthrough

A new path awaits beyond the struggle of not knowing what to do.



The project is stuck and is making slow or no progress.

▼ In this context

Considering the project's schedule and efficiency, you become tempted to settle at a quality that is lower than the team's usual standards.

- It takes stamina to struggle through uncertainty.
- Deadlines are unmovable and approaching.
- Easily thought up ideas will never drive innovations.

▼ Therefore

Recapture the current situation as a chance to innovate new ways; stay where you are and thoroughly think through the situation. Continued silence is time spent carefully thinking; it is by no means wasted time. These situations should not be hurried or broken, but should be carefully thought out together as a team. Creating something truly new also requires creating new significance and meaning in the world.

▼ Consequently

New ideas, new methods, new values will be created in the world. These novelties will bump the project up a level that is higher than the one before the struggle began. After this breakthrough, the project will again begin to rapidly progress, perhaps causing an **Emergence Vigor** (14). At this stage in the project, it may be helpful to rethink the **Roadmap to the Finish** (21) because situations may have changed.

Ideas Taking Shape

Some ideas are better explained visually.



You have an idea you want to share with your teammates.

▼ In this context

The newer the idea is, the more people will not understand it.

- People cannot read others' minds.
- It is hard to imagine something that does not exist.
- Words are limited.

▼ Therefore

Visually shape your idea, so others can see it while you explain it. Draw a rough sketch or make a simple prototype that visualizes your idea so both you and others can see it. While creating the visualization, work out the details of the parts that were unclear in your head.

▼ Consequently

The ideas you have will be shared with the team. These visualizations will become **Spadework for Creativity** (23), and give new ideas to other members. Thus, you can easily become an **Inside Innovator** (20) in the team. Also by visualizing and explaining it to someone else, you can gain a better understanding about the idea.

